



WASH YOUR HANDS often with soap and water for 20 seconds. This is especially important to do after using the restroom.



USE ALCOHOL-BASED
SANITIZER in addition to washing.
Regularly clean your hands with a sanitizer while enjoying your cruise.



KEEP A
DISTANCE. Aim
for 1 meter of
distance where
possible and
substitute
handshakes
with a no-touch
greeting such as
wave or
"thumbs up."



COVER YOUR
NOSE AND
MOUTH when
you cough or
sneeze. Use
your bent elbow
or tissue.



DON'T TOUCH YOUR FACE. Avoid touching your eyes, nose and mouth.



**GET** 

VACCINATED
AGAINST
SEASONAL
INFLUENZA.
Take
precautions to
stay healthy in
general.



USE YOUR ELBOW or knuckles where possible instead of your hands to operate frequently touched surfaces such as doors handles, etc.



while onboard,
if you
experience any
symptoms of
respiratory
illness, please
get the
attention
immediately of
any of our crew
and staff.

## #ItsMoreSafeWithP/YJokai1 #JokaiCares

